

Surviving Suicide: One Mother's Journey to Acceptance After Her Son's Death by Victoria Polmatier

Full Description

Some things in life require we walk through fire to get to the other side. Surviving the suicide of your child is one of those things. In *Surviving Suicide*, Victoria Polmatier relates the agonizing first year after her adult son's death by suicide, looking back over his history of multiple suicide attempts and the amazing individual he could be in between. Full-color photography throughout the book demonstrates the many contradictions in Jason's life. Victoria shares a journey through grief to acceptance and finding she could carry her love for her son and live her life fully once again.

Surviving Suicide explores the grieving process, how grief feels in the body and how it affects daily life, how Victoria's son still touches her life and how she managed to embrace the surrender necessary to move on.

This book reflects the deep, all-consuming pain caused by suicide. It can be a valuable aid to parents and provide needed information for friends, family, clergy and other support people of those who are grieving.

Short Description

In *Surviving Suicide*, author Victoria Polmatier relates her grieving process during the first year after her adult son's death by suicide. Victoria shares a journey through grief to acceptance and finding she could carry her love for her son and live her life fully once again.

Brief Description

In *Surviving Suicide*, Victoria shares her grief through poetry detailing her journey from her son's death by suicide to her acceptance.